

ECO – FARM TOURISM

SOFA- SITTLINGI VALLEY

(AN INTRODUCTION TO AN ORGANIC GREEN VALLEY)



Our Objective:

To provide the opportunity to explore the divinity of nature, the culture and diversity of organic farming and its techniques. To give a first hand experience of India's traditional agriculture, animal husbandary and its interdependence. To explore how a community seeks self reliance through health, handicrafts, employment along with agriculture.

Program :

TIMINGS:

DAY 1- FRIDAY

8 pm: Start

8.30 pm: Food – THI Mess

9.30 pm: To Bed

DAY 2- SATURDAY

7.30 am: Preamble to the Trip (Talk – Mr. Manju Nath)

Spot: SOFA office

8.15 am: Leaving for the field

8.30 am: Breakfast (Farmers house)

9.00 am: Farming – Ground Experience/ workshop

(Skill learning for paving rows for farming)

(Training for ploughing, sowing, weeding and trenching)

12.00 pm: Time out

12.15 pm: Farming- Field Experience / workshop

(Demo for producing natural pesticides like Panchakavya)

2.00 pm: Meal time

Rest and continue

4.30 pm: Visit organic millet unit – outlet

Walk around PORGAI unit – outlet

6.30 pm: Rest

7.30 pm: Dinner – SOFA office

Experience Input Sitting – Sharing experiences

9.30 pm- Rest

DAY 3 – SUNDAY

6.00 am: Hike to Hills [Bird and Butterfly watching]

9.30am: Breakfast – THI Mess

11.00 am: Experience a Tribal Hospital – Sittilingi

12.00 pm: Appraisal Gathering – your thoughts and doubts

1.00 pm: Lunch

3.00pm: Departure

NOTES:

1. Batches of 5 [min] to 15 [max]
2. Tourism schedules on first and third week of a month
3. Booking has to be completed at least one week ahead of visit date. 25 % of bill to be paid as non refundable advance. Dates can be changed with advance intact – subject to a weeks notice and availability of space here. [Bank details for NEFT will be sent to you]
4. Dress code – for men [T-shirts and shorts/ pants] ; for women [churidhar or T-shirts and long pants] – please dont wear revealing outfits as this is a rural area not used to it.
5. Please carry your regular medicines with you – small remedies also available at the hospital.
6. Guests pay Rs. 2500 for two day visit- Includes boarding, lodging, local travel and resource guide. Balance payment to be made at end of visit in cash/ cheque.
7. Basic clean accomodation will be provided. Please dont expect city luxury here.
8. Please note that this is a liquor and tobacco free experiance; kindly avoid its use here.
10. Route to come here will be emailed as soon as we know from where you will be arriving.

Contact : Mr Manjunathan – Project Co-ordinator
Mobile: +91- 9843096854; Office: +91- 8903846499
svad.organic@gmail.com; www.svadorganic.org
SOFA [Sittilingi Organic Farmers Assn]; Sittilingi Village;
Harur Taluk; Dharmapuri Dist; TN - 636906

